

Macular Degeneration

DB074495

Title: Macular Degeneration: A Patient's Guide to Treatment

Author: Boyer, David.

Retina specialists describe the risks, symptoms, diagnosis techniques, treatments, and emotional impact of macular degeneration. They explain the differences between the dry and wet versions of the disease, discuss hallucinations called Charles Bonnet syndrome, and assess available low-vision tools. 2012.

DB048616

Title: The Macular Degeneration Handbook: Natural Ways to Prevent & Reverse It

Author: Cunningham, Chet.

Explains how the eye works, basic care, and traditional treatments for macular degeneration and other eye conditions. Includes alternative approaches such as diet, vitamins and minerals, and proper nutrition. Discusses drugs that can adversely affect the eyes and the benefits of trying acupuncture, reflexology, and exercises to improve vision.

DB053425

Title: Macular Degeneration: The Latest Scientific Discoveries and Treatments for Preserving Your Sight

Author: D'Amato, Robert.

With an endorsement by the Macular Degeneration Foundation, an ophthalmologist and a patient describe the condition of age-related macular degeneration (ARMD) along with its risk factors, treatment options (including alternative therapies), and successful coping mechanisms. 2000.

DB063384

Title: Protect Your Sight: How to Save Your Vision in the Epidemic of Macular Degeneration

Author: Folk, James C.

Comprehensive guide to age-related macular degeneration (AMD). Ophthalmologists Folk and Wilkinson describe the nature and symptoms of AMD, possible causes, and risk factors, including smoking and cardiovascular disease. They also discuss treatments and rehabilitation

and recommend diet and lifestyle changes to help reduce chance and severity of onset. 2006.

DB070278

Title: One Hundred Questions and Answers about Macular Degeneration

Author: Heier, Jeffrey S.

A retina specialist answers questions about the causes, prevention, symptoms, diagnosis, and treatment of age-related wet and dry macular degeneration. Includes patient commentary and discusses the future possibilities of research trials. 2010.

DB060826

Title: Macular Degeneration: The Complete Guide to Saving and Maximizing Your Sight

Author: Mogk, Lylas G.

Describes age-related macular degeneration (AMD). Revised edition includes scientific research, natural and medical treatments, and prevention therapies not yet available in 1999. Presents a five-star program designed to stop macular degeneration. Also provides nutritional recipes and information about online AMD communities, assistive computers and software, and optical aids. 2003.

DB056630

Title: Coping with Macular Degeneration: A Guide for Patients and Families to Understanding and Living with Degenerative Vision Disorder

Author: Price, Ira Marc.

Discussion of age-related macular degeneration disorder by low-vision specialist at the Helen Keller Services for the Blind in New York and by a visually impaired person's daughter. Describes diagnosis, treatment options, and methods for handling emotional problems. Includes list of agencies, services, and support groups for persons with low vision. 2000.

DB063206

Title: The First Year: Age-Related Macular Degeneration; an Essential Guide for the Newly Diagnosed

Author: Roberts, Daniel L.

Visually impaired educator and musician offers a month-by-month guide to coping with this progressive retinal disease and related conditions. Discusses causes and characteristics, strategies for slowing its progression, and treatment options. Covers lifestyle issues such as

traveling, staying healthy, combating boredom and depression, and navigating daily tasks. Includes resources. 2006.

DB052530

Title: Living Well with Macular Degeneration: Practical Tips and Essential Information

Author: Rosenthal, Bruce P.

Dr. Rosenthal, the chief of Low Vision Programs at Lighthouse International, and coauthor Kelly provide a resource guide on age-related macular degeneration. Includes research-based information on the disease, services and assistive technology available, and adaptive techniques and devices for use in everyday life. 2001.

DB067861

Title: Macular Degeneration: A Complete Guide for Patients and Their Families

Author: Samuel, Michael A.

Retinal surgeon discusses the causes and diagnoses associated with the wet and dry forms of age-related macular degeneration (AMD). Includes guidelines for treatment; suggests nutritional therapy, including sample meals; and presents tips for improving the quality of life while coping with AMD. 2008.

DB073559

Title: Overcoming Macular Degeneration: A Guide to Seeing Beyond the Clouds

Author: Solomon, Yale.

In this updated edition of Overcoming Macular Degeneration (DB 51826), ophthalmologist Solomon, who has the condition, offers information and advice to patients. Lists special tools, including magnifiers and text-to-voice devices; issues for caregivers, such as watching for signs of depression; and resources. 2009.

DB047973

Title: Macular Degeneration: Living Positively with Vision Loss

Author: Betty Wason

The author, diagnosed with macular degeneration, investigates the symptoms, causes, and current treatments of the condition. She presents case studies of patients, offering coping mechanisms and sources of help.

Gives strategies to deal with stress, including diet and exercise. Describes new technology that makes life easier.

DB071102

Title: Reader's Digest Guide to Eye Care: Common Vision Problems, from Dry Eye to Macular Degeneration

Author: Weizer, Jennifer S., and Joshua D. Stein,

Ophthalmologists describe the way the eye works and its common afflictions and related health matters, including macular degeneration and diabetic retinopathy. They discuss treatments such as Lasik surgery; provide tips on living with visual impairments; and answer common questions about sight, surgery, and medications. 2009.

DBC02691

Title: Was Blind, But Now I See: Life Stories (and Lessons) in My Fight Against Age-Related Macular Degeneration

Author: Hindman, Jim.

Jim Hindman, entrepreneur and founder of Jiffy Lube International, faced the biggest challenge of his life at age 57 when he was diagnosed with macular degeneration. Throughout his successful career, nothing prepared him for the impact it would have on his life. Fearlessly embarking on a 20 year exploration, Hindman refused to give up. He found a new procedure and technology that could restore some vision with an implantable telescope.

DB053279

Title: My Friend, You are Legally Blind: A Writer's Struggle with Macular Degeneration

Author: Champlin, Charles.

A journalist for fifty years relates his lifestyle accommodations after being diagnosed in 1999 with age-related macular degeneration. Describes his adjustments to being unable to drive and read, organizations and tools that have assisted him, and medical treatments he has tried. 2001.